

**Quattrochoreo 3rd Quattropole Swing Exchange**  
**Blow Big Jay – Big Jay McNeely**

**Choreo**

1x8 First 8-count listening & realizing that the song is coming

3x8 Running like crazy to the dance floor (knees up)

1x8 Break: bam bam, slow motion/freeze/hold

3x8 Party

1x8 Break: freeze, look at each other

*(0:24)*

3x8 Walk around in a cool way and point at people

1x8 Boxing Step, start with the right foot crossing in front

3x8 Rhythm Part moving to the side: bam, bam, bam tadada

1. right, left, right, hold, step, cross, step

2. left, right, left, hold, step, cross, step

3. right, left, right, hold, step, cross, step

1x8 Stay where you are with the rhythm: bam, bam, bam, bam (start with left)

*(0:48)*

1x8 Shake your hips to the front and back, 2 beats for each direction

1x8 Mess around

1x8 Shake your hips to the front and back, 2 beats for each direction

1x8 Mess around

*(0:58)*

2x8 Kicks into circle (start with right foot)

*(1:04)*

1x8 Tacky Annie (down to the earth)

1x8 Lift your body up, push your hands up, look up (pray to the sun)

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1x8 Lift your body up, push your hands up, look up (pray to the sun)

4x8 Breeze out, slow motion, change wait during 1x8count

4x8 Moving in circle, push the hands up (focus on the rhythm of body and hands, feet are coming automatically)

*(1:36)*

1x12 Hallelujahs starting in front

1x12 Transition in lines

1x8 Boogie back (clap on 8 and „running“ back)

1x8 Turn to your right → Boogie forward

1x8 Boogie back

1x8 Turn to the front → Boogie forward

1x8 Boogie back

(Transition between Boogie Back and Tacky Annie: stomp off or hold)

(1:58)

- 1x8 Tacky Annie (down to the earth) (starts on 1)
- 1x8 Lift your body up,push your hands up, look up (pray to the sun)
- 1x8 Tacky Annie (down to the earth)
- 1x8 Lift your body up,push your hands up, look up (pray to the sun)

2x8 Tacky Annie

3x8 Rhythm Part moving to the side: bam,bam,bam\_tadada

1.right, left, right, hold, step, cross, step

2.left, right, left, hold, step, cross, step

3. right, left, right, hold, step, cross, step

1x8 Stay where you are with the rhythm: bam, bam, bam, bam (start with left)

(2:26)

3x8 Party (find a partner)

1x8 Break, look to your partner

3x8 Shimmy (crossing your partner, look at your partner)

1x8 Break (partner in the back stops, partner in the front keeps moving and playing with the partner)

END

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